

Ysgol Rhos Helyg



Anti- Bullying Policy

Signed: _____

Date: Autumn Term 2021

Review date: **Autumn Term 2024**

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Anti-Bullying Policy

Aims

The aim of the anti-bullying policy is to ensure that pupils learn in a supportive, caring and safe environment without fear of being bullied. Bullying is anti-social behaviour and affects everyone; it is unacceptable and will not be tolerated. Only when all issues of bullying are addressed will pupils be able to benefit from the opportunities available at school.

Statutory Duty of the School

The headteacher has a legal duty to draw up procedures to prevent bullying among pupils and to bring these procedures to the attention of staff, parents and pupils.

Definition of Bullying.

Bullying is defined as deliberately hurtful behaviour, repeated over a period of time, where it is difficult for those being bullied to defend themselves.

The three main types of bullying are:

- **Physical** (hitting, kicking, theft)
- **Verbal** (name calling, racist remarks)
- **Indirect** (spreading rumours, excluding someone from social groups)

In more detail these can be described as:

Physical bullying - Pushing, kicking, pinching and other forms of violence or threats including the use of a weapon.

Verbal bullying – Name calling, taunts and threats, spreading rumours and persistent teasing. It may also include non-verbal gestures.

Emotional – Excluding someone from friendship groups, tormenting, ridicule and humiliation.

Threatening – extortion or abusive behaviour, graffiti or spoiling belongings, unwanted physical contact

Racist – racial taunts, name calling

It is important that these words and issues are explained to children through PSE and circle time and through designated anti-bullying workshops and activities.

The children will also have the opportunity to discuss the nature of bullying and bring forward suggestions to eradicate such behaviour.

In doing so, we aim to raise children's awareness of what bullying is so that they are able to recognise incidents and understand that these types of behaviour are unacceptable.

The School Council will also play a part in discussing any issues and in making suggestions towards the implementation of this policy.

Identifying Bullying

Isolated hurtful acts may not necessarily constitute bullying and may be part of children learning to live and play together. It is therefore vital that incidents are reported and tracked so that any patterns can be identified.

Pupils who are being bullied may show changes in behaviour, such as becoming shy and nervous, pretending to be ill, taking unusual absences or clinging to adults. There may be evidence of changes to work patterns, lacking concentration or avoiding school. Pupils must be encouraged to report bullying in school or to an adult at home so that the matter can be dealt with.

Procedures for dealing with bullying

Our school's teaching and support staff must be alert to the signs of bullying and act promptly and firmly against it in accordance with the school policy. As a result, the following actions should be taken:

School

- If bullying is suspected or reported, the incident will be dealt with immediately by the member of staff who has been approached.
- The teacher or headteacher will interview all concerned and a clear account of the incident will be recorded and kept in the bullying section of the class behaviour file. A copy will be given to the headteacher.
- Parents will be kept informed of the situation.
- Sanctions will be used as appropriate and in consultation with all parties concerned.

- If the bullying continues the headteacher will inform the Chair of Governors and appropriate consequences will be considered. This may include exclusion from the classroom, fixed-term exclusion from school or permanent exclusion.
- Governors will monitor the number of incidents recorder each year.
- Within the classroom, teachers will continue to reinforce the school code of conduct and to deliver PSE lessons/circle time in order to promote appropriate behaviour.

Pupils

Pupils who have been bullied will be supported by:

- Being offered an immediate opportunity to discuss the experience with their class teacher or a member of staff of their choice.
- Have a named pupil to talk to such as a member of the school council.
- Being reassured and offered continuous support to restore self-esteem and confidence.

Pupils who have bullied will be helped by:

- Discussing what has happened
- Discovering why they became involved in the first place
- Establishing the wrong doing and the need to change
- Being supported in finding alternative and appropriate patterns of behaviour
- Informing parents or guardian to help change the attitude of the pupil

Parents

Parents should:

- Be aware of the school's anti-bullying policy and procedures.
- Encourage non-violent behaviour and resolution of conflict.
- Take allegations of bullying seriously
- Work together with the staff and the school to solve the problem.
- Be aware that bullying can re-occur and if it does, it will be dealt with thoroughly.

Policy Review

This policy was adopted in Autumn 2021 . Next review Autumn 2024.